

Heart Transplant

To be eligible for Cardiac Rehab, you must be referred by your physician.

What Is A Heart Replacement?

A heart replacement can be necessary in individuals with various heart complications. Improper function of the heart can lead poor blood flow which can result in heart failure. The most common reason for a heart replacement is congenital defects at birth. The procedure requires a donor heart to replace the recipient's faulty heart. The heart will be separated from the superior vena cava, inferior vena cava, aorta, pulmonary artery and pulmonary vein. A Heart-Lung machine will then take over the heart's function while the surgeon prepares the donor heart. Once the heart has been placed the surgeon will then sew the new heart to the previously separated blood vessels.

Heart Replacement Causes

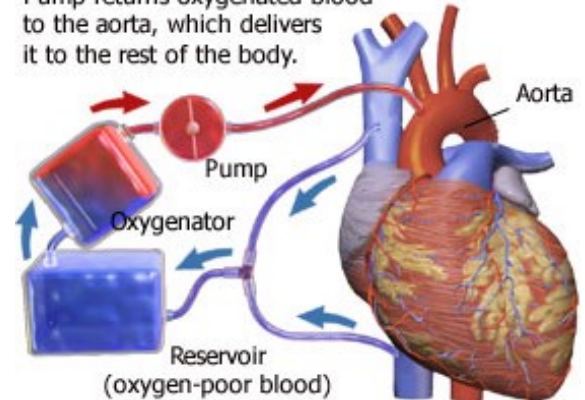
- Improper blood flow
- Congenital defects
- Rupture of atrium or ventricles
- Decline in ventricular function
- Severe coronary artery disease
- Infection
- Age

Why should you consider Cardiac Rehabilitation?

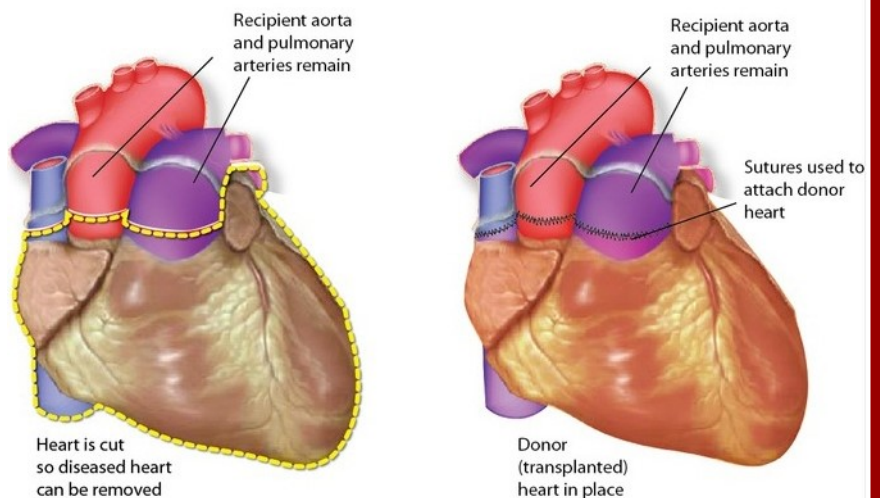
Receiving a donor's heart is a second chance at living a healthier lifestyle and in attempt prevent the chance of another event. Research shows that exercise improves your heart function and lowers the chances of having another cardiac event. Cardiac Rehabilitation is a supervised exercise therapy monitored by our Wellness Center's nurse and exercise physiologist. Your vitals will be monitored before, during, and after your exercise session. The vitals that will be monitored are blood pressure, blood glucose (diabetics only), heart rate and oxygen saturation. Most insurance policies will cover the cost for 36 sessions of rehabilitation.

Heart-Lung Machine

Pump returns oxygenated blood to the aorta, which delivers it to the rest of the body.



Heart transplant



CRMC Wellness Center

www.wellness247.org

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